

I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called, with all lowliness and gentleness, with longsuffering, bearing with one another in love, endeavoring to keep the unity of the Spirit in the bond of peace.

EPHESIANS 4:1-3

But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law.

GALATIANS 5:22-23

But also for this very reason, giving all diligence, add to your faith virtue, to virtue knowledge, to knowledge self-control, to self-control perseverance, to perseverance godliness, to godliness brotherly kindness, and to brotherly kindness love.

2 PETER 1:5-7

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The Risks of Impatience

**We can fail to act as we should
in our relationships**



GROWING IN PATIENCE

The Risks of Impatience

**We lose the ability to simply
enjoy life here on earth**



GROWING IN PATIENCE

The Risks of Impatience

We become selfish



GROWING IN PATIENCE

The Risks of Impatience

**We condition ourselves to
expect instant gratification**



GROWING IN PATIENCE

Patience as a Divine Attribute

“The Lord, the Lord God, merciful and gracious, longsuffering, and abounding in goodness and truth...”

EXODUS 34:6-7



GROWING IN PATIENCE

Patience as a Divine Attribute

“The Lord is not slack concerning His promise, as some count slackness, but is longsuffering toward us, not willing that any should perish...”

2 PETER 3:9



GROWING IN PATIENCE

Patience with God

“Those who wait on the Lord shall renew their strength; they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.”

ISAIAH 40:31



GROWING IN PATIENCE

Patience with God

“Truly my soul silently waits for God;
from Him comes my salvation...
My soul, wait silently for God alone,
for my expectation is from Him.”

PSALM 62:1, 5



GROWING IN PATIENCE

How to Increase in Patience

Have an accurate view of
yourself and others



GROWING IN PATIENCE

How to Increase in Patience

Change your focus



GROWING IN PATIENCE

How to Increase in Patience

Change some more tangible
aspects of your life



GROWING IN PATIENCE

How to Increase in Patience

Replace impatience with active,
positive attitudes and actions



GROWING IN PATIENCE

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How to Increase in Patience

Replace impatience with active,
positive attitudes and actions



GROWING IN PATIENCE

How to Increase in Patience

Practice with the small things



GROWING IN PATIENCE

How to Increase in Patience

Make the effort to think about it



GROWING IN PATIENCE