



Lessons from the Psalms



In Over Your Head

Out of the depths I have cried to You, O LORD; Lord, hear my voice! Let Your ears be attentive To the voice of my supplications. (Psalms 130:1-2)

Three Things to Do When You are In Over Your Head

Out of the depths I have cried to You, O LORD; Lord, hear my voice! Let Your ears be attentive To the voice of my supplications. (Psalms 130:1-2)

- Cry (vs.1)
- Wait (vs.5)
- Hope (vs.7)



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